

WINTER CAMP 2017  
WORKSHOP  
Aikido Terms & Meanings 合

一 When in Japan

**Bonsai & Banzai** 気

Bonsai	盆栽 (bone - sigh) - "tray planting"
Banzai	万歳 (bonds - eye) - "ten thousand years"

**Respect & Disrespect**

Rei	礼 (ray) - "respect"
Shitsurei	失礼 (sheets - array) - "disrespect"

**Junior & Senior & Teacher & Knight**

Kohai	後輩 (ko - high) - "junior"
Sempai	先輩 (sin - pie) - "senior"
Sensei	先生 (sin - say) - "teacher"
Samurai	侍 (sam - uh - rye) - "knight"

**Please & Thank You**

Onegaishimasu	お願いします (oh - nay - guy - she - moss) - "please"
Arigato	ありがとう (ah - re - got - oh) - "thank you"

**Blending & Footwork**

Ukemi	受け身 (oo - came - e) - "blending"
Taisabaki	体さばき (tie - sob - ah - key) - "footwork"

二 Technically Speaking

**Breath & Technique**

Kokyu	呼吸 (coke - you) - "breath"
Waza	技 (was - ah) - "technique"

**Stance & Distance & Unbalance**

Kamae	構え (com - eye) - "stance"
Maai	間合い (ma - eye) - "distance"
Kuzushi	崩し (coo - zoo - she) - "unbalance"

**Entering & Turning & Shifting & Pivoting**

Irimi	入り身 (eerie - me) - "entering (body)"
Tenkan	転換 (ten - con) - "turning (body)"

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合 Guest Instructor: Blue Spruell, Chief Instructor Peachtree Aikikai Atlanta

気 Pronunciation matters!

Tenshin 轉身(ten - shin) - “shifting (body)”

Tentai 転体(ten - tie) - “pivoting (body)”

### Front & Back & Outside & Inside & Through

Omote 表(oh - moat - eh) - “front”

Ura 裏(oo - rah) - “back”

Soto 外(so - toe) - “outside”

Uchi 内(oo - chi) - “inside”

Surinuke すり抜け(sue - re - new - cay) - “through”

### Pin & Throw & Drop & Hip

Osae 抑え(oh - sigh) - “pin”

Nage 投げ(nog - eh) - “throw”

Otoshi 落とし(oh - toe - she) - “drop”

Koshi 腰(ko - she) - “hip”

## 三 Infinity and Beyond

### Beginner Mind & Centered Mind & No Mind & Remaining Mind

Shoshin 初心(show - sheen) - “beginner mind”

Chushin 中心(choo - sheen) - “centered mind”

Mushin 無心(moo - sheen) - “no mind”

Zanshin 残心(zon - sheen) - “remaining mind”

### Binding Spirit & Flowing Spirit

Ki-no-musubi 気の結び(key - no - moo - sue - bee) - “binding spirit”

Ki-no-nagare 気の流れ(key - no - nog - array) - “flowing spirit”

### The Way to Meet Spirit & Martial Inspiration

Aikido 合気道(eye - key - dough) - “the way to meet spirit”

Takemusu 武産(tack - eh - moo - sue) - “martial inspiration”

### Purification & Oneness

Misogi 禊ぎ(me - so - gey) - “purification”

Shinto 浸透(sheen - toe) - “oneness”

### True Victory & Self-Victory & Universal Victory

Masakatsu 正勝(moss - ah - cot - sue) - “true victory”

Agatsu あがつ(ah - got - sue) - “self-victory”

Katsuhayabi 勝速日(cats - oo - ha - ya - bee) - “universal victory”